

Your playing small does not serve the world

"Our deepest fear is that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness, that frightens us most.
We ask ourselves, Who am I to be brilliant, gorgeous,
Talented and famous?
Actually, who are you not to be?
You are a child of God. Your playing small does not serve
the world. There is nothing enlightened about shrinking
so that people won't feel insecure around you. We were
born to make manifest the glory of God that is within us.
It's not just in some of us; it's in all of us.
And when we let our own light shine, we unconsciously give
other people permission to do the same.
As we are liberated from our own fear,
Our presence automatically liberates others"
(Nelson Mandela)